

**People's Democratic Republic of Algeria
Ministry of Higher Education and Scientific
Research**

Academic Bachelor's Degree Training Offer

Department	Faculty / Institute	University
Department of Science and Technology of Physical and Sports Activities	Faculty of Human and Social Sciences	Mohamed Seddik Ben Yahia University of Jijel

Field: Sciences and Techniques of Physical and Sports Activities

Academic Year: 2022/2023

**THE PEDAGOGICAL PROGRAM FOR BASIC EDUCATION FOR
THE FIRST YEAR - COMMON CORE –
IN THE FIELD OF SCIENCES AND TECHNIQUES OF PHYSICAL
AND SPORTS ACTIVITIES.**

Semestre1 :

Teaching Unit	Course Titles	Credits	coefficients	Weekly Hourly Volume			WHV (14weeks)	others	Assessment Method	
				course	DW	PW*			continous	Exam
TU. Fundamental Teaching Unit Code: FTU 1.1.1 Credits: 12 Coefficients: 9	Athletics 1	4	3	-	-	4h00*	56 :00 hours	-	100%	-
	Team Sports1 : (Basket ball / volle ball)	4	3	-	-	4h00*	56:00 hours	-	100%	-
	Team Sports 1: (Gymnastics / swimming)	4	3	-	-	4h00*	56:00 hours	-	100%	-
TU. Fundamental Teaching Unit Code: FTU 1.1.2 Credits: 6 Coefficients: 4	Biochemistry	3	2	1.30 hours	1.30 hours	-	42:00 hours	-	40%	60%
	Anatomy	3	2	1.30 hours	1.30 hours	-	42:00 hours	-	40%	60%
TU. Methodology Teaching Unit Code: MTU 1.1 Credits : 9 Coefficients : 4	Scientific research methodology	5	2	1.30 hours	1.30 hours	-	42:00 hours	-	40%	60%
	History and philosophy of physical Activities and Sports	4	2	1.30 hours	-	-	42:00 hours	-	-	100%
TU. Discovery Teaching Unit Code : DTU 1.1 Credits: 2 Coefficients : 2	Introduction to the field of science and technology of physical activities and sports1	1	1	1.30 hours	-	-	21:00 hours	-	-	100%
	Sports Psychology	1	1	1.30 hours	1.30 hours	-	21:00 hours	-	40%	60%
TU. Transversal Teaching Unit Code : TTU 1.1 Credits : 1 Coefficients : 1	English language	1	1	-	1.30 hours	-	21:00 hours	-	100%	-
Total semestre 1		30	20	10:30 hours	6:00 hours	12:00 hours	399:00 hours	-	-	-

Observation: The practical modules of the Fundamental Teaching Unit 1 are taught over a total of 4 hours per week, divided into two separate sessions (02 hours per session).

Semestre 2 :

Teaching Unit	Course Titles	Credits	coefficients	Weekly Hourly Volume			WHV (14weeks)	others	Assessment Method	
				course	DW	PW*			continous	Exam
TU. Fundamental Teaching Unit Code: FTU 1.2.1 Credits: 12 Coefficients: 9	Athletics 2	4	3	-	-	4h00*	56 :00 hours	-	100%	-
	Team Sports 2 : Basket ball / volle ball)	4	3	-	-	4h00*	56:00 hours	-	100%	-
	Team Sports 2 : (Gymnastics / swimming)	4	3	-	-	4h00*	56:00 hours	-	100%	-
TU. Fundamental Teaching Unit Code: FTU 1.2.2 Credits: 6 Coefficients: 4	physiology	3	2	1.30 hours	1.30 hours	-	42:00 hours	-	40%	60%
	Morphology	3	2	1.30 hours	1.30 hours	-	42:00 hours	-	40%	60%
TU. Methodology Teaching Unit Code: MTU 1.2 Credits : 9 Coefficients : 4	Scientific research techniques and tools	5	2	1.30 hours	1.30 hours	-	42:00 hours	-	40%	60%
	Descriptive statistice	4	2	1.30 hours	-	-	42:00 hours	-	40%	60%
TU. Discovery Teaching Unit Code : DTU 1.2 Credits: 2 Coefficients : 2	Introduction to the field of science and technology of physical activities and sports 2	1	1	1.30 hours	-	-	21:00 hours	-	-	100%
	Sports Sociology	1	1	1.30 hours	1.30 hours	-	21:00 hours	-	-	100%
TU. Transversal Teaching Unit Code : TTU 1.2 Credits : 1 Coefficients : 1	Educational sciences	1	1	1.30 hours	-	-	21:00 hours	-	-	100%
Total semestre 1		30	20	10:30 hours	6:00 hours	12:00 hours	399:00 hours	-	-	-

Observation: The practical modules of the Fundamental Teaching Unit 1 are taught over a total of 4 hours per week, divided into two separate sessions (02 hours per session).